



ACTIVE KIDS HEALTHY TEETH

Aesthetic Dental has developed this brief guide to help parents and caregivers be prepared for the most common types of childhood tooth injuries.

WHAT TO DO IF....

A BABY TOOTH IS KNOCKED OUT



- Contact Aesthetic Dental as soon as possible. **QUICK ACTION** can lessen a child's discomfort and **PREPVENT INFECTION**.
- Rinse the mouth with water and apply **COLD COMPRESSES** to reduce swelling.
- Spend time **COMFORTING THE CHILD** rather than looking for the tooth. Remember, baby teeth should not be replanted because of potential damage to developing permanent teeth.

A PERMANENT TOOTH IS KNOCKED OUT



- Find the tooth. Rinse it gently in cool water. **DO NOT** scrub it or use soap.
- Replace the tooth in socket, place the tooth in a clean container with cold milk. If milk is not available, put it in a container with the child's saliva. **DO NOT** put the tooth in water.
- Take your child and the tooth to Aesthetic Dental **IMMEDIATELY** or call the emergency after hours phone number.

A TOOTH IS CHIPPED OR BROKEN



- Contact Aesthetic Dental **IMMEDIATELY**. Fast action can save the tooth. Prevent infection and reduce the need for extensive dental treatment.
- Rinse the mouth with **WATER AND APPLY COLD COMPRESSES** to reduce swelling.
- If a parent can find the broken tooth fragment, it is important to **TAKE IT TO THE DENTIST**.

A SPORT INVOLVES COLLISIONS OR DIRECT CONTACT WITH EQUIPMENT



- Wear a **CUSTOM MOUTHGUARD** when activity involves a risk of falls, collisions and contact with / or equipment.



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